





PORTUGUESE OER SUMMARY GRID

June 2018

OER Summary Grid

While collecting OER keep track of the resources selected. The summary grid will allow you to have a clear overview of the subject area explored, of the amount and type of resources collected and those still needed. Furthermore, the OER Summary grid provide a snapshot of the SAPCE OER repertory.

| Subject | OER description and link | Resource type |
|--|--|--|
| 1.1 General knowledge of the phenomenon, definition, incidence, statistics | http://www.e-konomista.pt/artigo/cyberbullying/ Newspaper article describing the cyberbullying phenomena, referring to some statistic data, law and regulations, published in June 2017. | Web page |
| | /http://seguranet.mooc.dge.mec.pt/modulo-1/ Online training course in MOOC format designed for all school professionals, namely teachers, psychologist and other professionals interested in this topic of online safety at school, set up in 2014. | Courseware material (lesson or module or unit) |
| | https://segurancaedefesa.blogs.sapo.pt/112935.html This is a training coursebook about cyberbullying planned according to the European project of Cybertraining designed to help professionals who work not only with young people, but also with parents and schools, in order to guide, support and provide resources as a way to help preventing and fighting this issue, published in 2013. | Courseware material (lesson or module or unit) |

| | https://www.internetsegura.pt/riscos-e-prevencoes/cyberbullying In 2011, the project Internet Segura (Safe Internet) was created in order to provide important information training and interactive contents associated to the use of the Internet and to implement actions so that people can safely use the internet. | Web page |
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| | https://repositorio.ipcb.pt/handle/10400.11/2167 MBA Project work on Social Intervention in schools- Specialization in Children, Young People at risk, by Madalena I. M. Ferreira. | |
| 1.2 Characteristics of cyberbullying, roles and profiles of people involved | http://www.scielo.mec.pt/scielo.php?script=sci_arttext&pid=S0874-55602016000200011 In this paper, the researcher explored the differences in the responses of adolescent boys and girls, as victims or perpetrators of cyberbullying, in a Portuguese study involving 1683 boys and1837 girls from the 6th, 8th and 11th years in 23 schools. | Paper, article |
| | https://www.researchgate.net/publication/307977158 Cyberbullying incidencia consequencias e contributos para o diagnostico no ensino superior Paper presented in the Seminar "Cyberbullying: do diagnóstico à prevenção" in which this issue viewed as offensive, threatening and causing discomfort, calculated and repetitive using the new technological means of communication, provoking situations of discomfort among all stakeholders in the education context. | Paper, article |
| 2.1 Identification of cyberbullying situations | http://revistas.rcaap.pt/interaccoes/article/view/409/363 In order to combat the problem of cyberbullying, this handbook written in 2009 by Professors of Psychology helps specialists dealing with young people, parents and schools, as a way to offer guidance, support and resources and thus contribute to prevent and fight this problem. | Courseware material (lesson or module or unit) |

| | https://www.internetsegura.pt Since 2011, the Safe Internet Centre presents a set of videos where several situations about the dangers of posting private information on the Internet, its consequences and advice on how to use safely the Internet. | Web page containing important videos |
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| | http://www.apavparajovens.pt/pt/go/o-que-e7 This is a website where it is possible to find useful and practical information in order to help young people to better understand different forms of violence, also providing important information on how to protect themselves in case they are victims of some type of violence or crime. | Website |
| | https://www.platanoeditora.pt/?q=C/BOOKSSHOW/cyberbullying-um-guia-para-pais-e-educadores This book wil be a guide to help identifying, preventing, intervening and fighting this issue of cyberbullying, designed for helping parents, teachers and other education professionals. | Book |
| 2.2 Planning training and information actions | https://www.up2europe.eu/european/projects/beat-cyberbullying- embrace-safer-cyberspace 106327.html Researchers from various countries have developed ways of fighting cyberbullying, namely online guides for students, parents, schools and an online videogame within the European project "Beat Cyberbullying: embrace safer cyberspace". | Courseware material (lesson or module or unit)and Game or interactive content |
| | http://revistas.rcaap.pt/interaccoes/article/view/409/363 In this paper the authors describe the research on cyberbullying and its main features, the actions to prevent and tackle cyberbullying, in the national context, and the main conclusions of the international research. | Paper, article |
| 2.3 Developing integrated approaches | https://www.platanoeditora.pt/?q=C/BOOKSSHOW/cyberbullying-um- guia-para-pais-e-educadores This book wil be a guide to help identifying, preventing, intervening and | Book |

| | fighting this issue of cyberbullying, designed for helping parents, teachers and other education professionals. | |
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| | www.lasics.uminho.pt/ojs/index.php/lmc/article/download/463/434 | Lecture paper |
| | In this paper, the author presents a Training manual on Cyberbullying based on a research which is divided into four modules providing a general introduction on the competences and the strategies of training, the use of new technologies, safety on the Net, cyberbullying and finally some European approaches in the process of fighting cyberbullying. | |
| | https://www.publico.pt/2017/04/03/tecnologia/noticia/investigadores-de- oito-paises-criam-novos-meios-de-combate-a-cyberbullying-1767497 | Newspaper article |
| | In this newspaper article, a research done about this topic of cyberbullying is presented as a guide for pupils, parents and schools, including a videogame, are the tools created by na Erasmus+ project to help fighting cyberbullying. | |
| | http://www.internetsegura.pt/videos | Web page containing important |
| 3.1 Approaches to prevent cyberbullying | The Safe Internet Centre provides a set of resources (PowerPoint, films, flyers and others) that may be used not only to learn about the use of the Internet, but also about to show others how it should be done. | videos |
| | https://www.youtube.com/watch?v=poiUpkmVDTg | Video |
| | This is one of the many films released in 2016 by the Safe Internet Centre which provides a set of resources that may be used not only to learn about the use of the Internet, but also about to show others how it should be done. | |

| | http://www.seguranet.pt/pt/recursos/jogos-quantos-queres-dirigidos-ao-2o-ciclo The Seguranet integrates the Consortium for Safer Internet Center since 2014 and promotes since then, the safe, critical and wise use of the Internet, providing a set of digital educational resources (Cartoons, online games, etc.) .This is one example of a game created in 2016. | Game or interactive content |
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| | http://www.seguranet.pt/pt/recursos/regras-do-jogo-do-ciberespaco-com-phineas-e-ferb-2 The Seguranet integrates the Consortium for Safer Internet Center since 2014 and promotes since 2014, the safe, critical and wise use of the Internet, providing a set of digital educational resources (Cartoons, online games, etc.). This is one example of the resources. | Video |
| 3.2 Supporting strategies | https://www.portoeditora.pt/paisealunos/para-os- pais/noticia/ver/?id=28305&langid=1 Newsletter article published in an educational site where Cyberbullying is described as well as strategies to fight it. | Newsletter article |
| | https://www.internetsegura.pt/projecto The Internet Segura (Safe internet) Project follows these goals: to fight illegal contents, to reduce the consequences of illegal and harmful contents, to promote the safer use of the Internet and finally to make society aware for the risks linked to the use of the Internet. | Webpage |
| 4.1 Online communication | https://www.internetsegura.pt/projecto The Internet Segura (Safe internet) Project follows these goals: to fight illegal contents, to reduce the consequences of illegal and harmful contents, to promote the safer use of the Internet and finally to make society aware for the risks linked to the use of the Internet since 2007. | Webpage |

| | http://www.internetsegura.pt/videos This is a video from the Internet Segura (Safe internet) Project which follows these goals: to fight illegal contents, to reduce the consequences of illegal and harmful contents, to promote the safer use of the Internet and finally to make society aware for the risks linked to the use of the Internet since 2007. | Webpage's video |
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| | https://www.publico.pt/2016/06/13/sociedade/noticia/o-cyberbullying-deve-ser-tratado-como-o-que-realmente-e-violencia-1733513 In this newspaper article, Luzia de Oliveira Pinheiro, a university professor has studied for six years the stalking on the internet (cyberbullying e cyberstalking), concluding that 11% university students have been victims of cyberbullying. | Newspaper article |
| 4.2 Safe use of social tools | https://pplware.sapo.pt/internet/dia-internet-mais-segura-dicas-ouro/ This webpage analyses several social networks and shows the tools everyone can use in each one of them to protect their personal data. | Webpage |
| | http://www.seguranet.pt/sites/default/files/www_pt.pdf "The Web We Want - A Rede que queremos" is a textbook created and designed for teeanagers which refers to and explores their rights and responsibilities and makes them reflect about their own behaviour and their peers' behaviour when interacting within the social tools. | Courseware material |
| | http://21tic.blogspot.pt/2012/10/cuidados-ter-na-utilizacao-das-redes.html Article describing a conference which took place in the Day of the Safe Internet in 2012 designed for students, teachers and parents, about the following topic: "The Rights and Duties when surfingthe internet" and the slogan "Connect yourself (to the Internet), but with respect", to promote a safer and responsible use of the Internet and the computer. | Paper, article |
| 5.1 Online privacy and | https://www.internetsegura.pt/riscos-e-prevencoes/roubo-de-identidade | Webpage's article |

| reputation | This is a topic from the Internet Segura (Safe internet) Project which follows these goals: to fight illegal contents, to reduce the consequences of illegal and harmful contents, to promote the safer use of the Internet and finally to make society aware for the risks linked to the use of the Internet since 2007. | |
|-----------------------|---|-----------------------------|
| | https://www.internetsegura.pt/videos?combine=&field_tagsvideos_tid=All_&page=3 These are videos from the Internet Segura (Safe internet) Project which follows these goals: to fight illegal contents, to reduce the consequences of illegal and harmful contents, to promote the safer use of the Internet | Webpage's videos |
| | and finally to make society aware for the risks linked to the use of the Internet since 2007. | |
| | http://www.seguranet.pt/pt/recursos/checklist-sobre-seguranca-no- computador | Webpage |
| | The Centro SeguraNet promotes, since 2004, the safe, critical and wise use of the Internet and the mobile gadgets and this is an example of a checklist on computer's safety. | |
| | http://www.seguranet.pt/pt/recursos?f%5B0%5D=tipo%3A136&f%5B1%5 D=nivel%3A130 | Game or interactive content |
| | The Centro SeguraNet promotes, since 2004, the safe, critical and wise use of the Internet and the mobile gadgets, through a variety of resources. The app Pisca Mega Quiz allows the testing of knowledge about digital security in what concerns the gadgets, behaviour and learning. | |
| | https://www.publico.pt/2018/01/28/tecnologia/noticia/escolha-o-que- mantem-privado-na-internet-1800902 | Webpage |
| 5.2 Safety on the web | In this newspaper article, the journalist alerts the readers for the fact that it isn't possible to surf the Net without leaving a trace and points out measures the companies provide to define the personal data revealed online. | |

| | https://www.deco.proteste.pt/netvivaesegura/ In this article, it is referred a partnership between Google and the Portuguese Consumers' Defence Association which was established with the aim of promoting a better safety using the Internet and to call the attention for the importance of protecting the privacy of each one of us when using the internet. Consequently, they created the papers NETtalks where people, especially young people, can exchange information and knowledge and discuss topics related to the digital world, in a interactive way. | Paper, article |
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| | https://tek.sapo.pt/expert/artigos/curso-gratuito-quer-ajudar-pais-e-educadores-com-a-seguranca-online-dos-mais-novos Online newspaper article about an online course designed for parents and tutors where topics like learning how to use the new media, fake news, cyberbullying, online dating and sexting. | Paper article |
| | https://www.dn.pt/sociedade/interior/10-a-20-dos-jovens-sao-vitimas-de-cyberbullying-5141247.html This newspaper article refers to a new book published to help preventing and fighting cyberbullying through the internet which affects between 10 to 20% of Portuguese young people. | Paper article |
| 6.1 Reporting cyberbullying cases | http://sicnoticias.sapo.pt/programas/reportagemespecial/2017-05-28- Uma-em-cada-dez-criancas-ja-foi-vitima-de-cyberbullying This newspaper article refers to a new book published to help preventing and fighting cyberbullying through the internet which affects between 10 to 20% of Portuguese young people. | TV news |
| | http://kids.pplware.sapo.pt/kids/estao-a-insultar-me-na-internet-o-que-posso-fazer/ In this webpage, some advice is given to young people who are victims of cyberbullyng. | Webpage |

| | https://www.publico.pt/2018/03/01/sociedade/noticia/sites-so-poderao- usar-dados-de-menores-de-13-anos-se-pais-deixarem-1804874 | Paper, article |
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| | Online newspaper article about the new government's law proposal about the structure of the thirteen-year-old youngsters data protection. | |
| 6.2 Rules and | http://www.pgdlisboa.pt/leis/lei mostra articulado.php?nid=1137&tabela= leis | Law or regulation |
| regulations | This Portuguese law from 2009 describes cybercrimes situations the law to be applied in each case, adapting the European Counsel Convention on Cybercrime. | |
| | <u>http://www.e-konomista.pt/artigo/cyberbullying/</u> Online article about cyberbullying- the type of bullying that occurs in virtual spaces, using technology, what to do when you are a victim and what does legislation establishes in these cases. | Paper, article |